

Rotary Youth Program of Enrichment



**Registration Package
September 15 – 18, 2011
Eagle's Nest Ranch**



For More Information Contact:

**Herky Cutler
403-627-5044**

herkycutler@gmail.com



PROGRAM OBJECTIVES:

RYPEN provides youth 13-18 years of age with the opportunity to enhance and develop individual self confidence and personal growth/life skills. This particular conference is focused on youth who have had limited opportunities to attend leadership development programs. The leadership development philosophy of the RYPEN program is based upon the “wholistic – meaning whole person” approach (developed by Lyle Benson), with self esteem enhancement through the small group process as the foundation. Youth will be involved in a variety of active experiential sessions addressing areas such as cooperation, goal setting, group decision making, interpersonal skill development, problem solving attitudes, values clarification, conflict resolution, active listening and communication. This is all accomplished through a “learn by doing” approach, and a “fun with a purpose” attitude.



THE CAMP:

Eagles Nest Ranch is situated in the scenic Cypress Hills of Southern Alberta, a short 45 minute drive from Medicine Hat. Constructed in the “Old West” style, the Town Hall is the first building to catch your attention when you arrive at the Ranch. Town Hall houses staff offices, living quarters, camp kitchen, dining hall/chapel, nurse station, and the tuck shop. Just outside the doors of Town Hall is a large swimming pool and a 20 person hot tub. Close by to Town Hall is the soccer field, climbing wall, the gym, the zip line and the brand new 300 person campfire amphitheater! Campers stay in rustic cabins scattered through the woods.



INFORMATION FOR CLUBS

- **Cost is \$275.00** per student
- Included in this fee is transportation from the Medicine Hat Lodge to Eagle's Nest Ranch and back, meals, accommodation, program, and specialty equipment.
- Confirmation of number of students to be sent to Herky Cutler at herkycutler@gmail.com by **June 30**.
- Checks are to be sent by **June 30** and made payable to "**Rotary District 5360 RYPEN Camp**" and mailed to:

Joey Bosch
621 7th St. South
Lethbridge, AB
T1J 2H2

- Transportation to Medicine Hat Lodge is the responsibility of the participant and/or the sponsoring Rotary Club. Please ensure arrangements for pick up at a bus depot or any other locations are pre-arranged with Herky Cutler.
- Space is limited to 65 participants. Confirmation of spaces will be forwarded to Rotary Clubs via e-mail upon receipt of their commitment in terms of how many students they will sponsor.
- We **HIGHLY** recommend that Clubs begin their search for students before the end of this school year!
- Registration Forms **MUST** be completed and sent in by **Sept. 9. See registration form below for where to send completed forms.**
- Check out this You Tube video link and letter of support on next page and feel free to share it with schools.
http://www.youtube.com/watch?v=tmcTYV0Vlek&playnext_from=TL&videos=6hMwb3Uc60M



**ÉCOLE SECONDAIRE
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Rotary Club of Canada,
District 5360
Attention: Herky Cutler

November 19, 2009

Dear Mr. Cutler:

It is my great pleasure to write a letter in support of the Rotary Youth Program of Enrichment. I work at Lacombe Composite High School as a Career Centre Coordinator. It has been my pleasure to work with the coordinator of Youth Programs in the Lacombe branch, helping to find suitable candidates among our student body for these programs. Over the years, I have been very impressed by the quality of the programs offered to our youth by the Rotary.

The RYPEN camp, in particular, has the power to change lives – to plant that little seed of self belief that often continues to grow and yield stronger, abler citizens. It has been a number of years since I started facilitating student participation in this program, and I am continually impressed by the responses of LCHS students to the experience. Without exception, every single student I have dealt with comes back raving about RYPEN. Virtually every one of them would go back again if they could, and many consider returning as leaders. I have seen some very shy, withdrawn students blossom in RYPEN, and come back to us with increased confidence and a greater willingness to try new things and “put themselves out there”, so to speak – to step forward and have their voices heard in ways they might not have before this enriching experience. One young lady in particular came back to us and immediately started seeking out leadership opportunities. She also applied for every single Rotary Adventure I subsequently promoted through our announcements!

Before sitting down to write this letter, I spoke briefly with the two young ladies who attended RYPEN from LCHS this fall. Their words about RYPEN will be more meaningful than mine. One young lady said that it was a good group bonding experience, and made everyone feel good. She felt that it made her a better leader and better able to relate to others. She would strongly recommend the program to students; especially those who are “shy and don’t get out and talk to a lot of people”. “Everyone was different,” she said, “but we all worked together.” The other young lady spoke to me about how nerve wracking it was at first, to go without knowing anyone. That frame of mind apparently did not last long at all! She told me that everyone was really welcoming; she got to know a lot of people, still keeping in touch with some of them. “Everyone felt connected”, she said, “because of the activities we did. I definitely think it has taught me leadership skills. [Since the camp,] I have noticed myself pursuing leadership in sports and life and to be more understanding of other people.” Both young women told me that RYPEN was overall a great experience.

Kudos to the Rotary and all of its members for its policy of enriching youth and working to help develop leadership among our young people. The RYPEN program has proven to be a very positive experience for our students. Thank you.

Yours truly,

Linda Pack

Career Centre Coordinator

RYPEN PARTICIPANT REGISTRATION FORM

First Name:	Last Name:	Male or Female:
Date of Birth:		Age:
School Name:		Grade:
Health Care Card #:		
Address:		Postal Code:
Mother/Guardian Name:		Father/Guardian Name:
Home Phone #:	Cell Phone #(s):	Business Phone #(s):
Email Addresses:		
Identify any special needs your child may have including physical, emotional, and/or behavioural conditions, allergies, or food restrictions:		
Please indicate any previous leadership related experience below:		

EMERGENCY CONTACT INFORMATION (Other than parent/guardian)

First Name:	Last Name:
Relationship to Child:	Phone #:

Name of Sponsoring Rotary Club (if you don't know, find out from the person you got this from)

Rotary Club Contact Person:	Phone #	Rotary Club Contact Person:	Phone #
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REGISTRATION DEADLINE: Sept. 9, 2011

Mail all completed registration forms along with medical form and both waiver forms to:

Joey Bosch
621 7th St. South

Lethbridge, AB T1J 2H2 or scan and email to: joeybosch@yahoo.ca

Students must be at Medicine Hat Lodge by 3 PM on Thurs., Sept. 15 and will be returned there by noon Sept. 18.

RYPEN PARTICIPANT REGISTRATION MEDICAL FORM

Participant's name _____

Parent's name: _____

For safety purposes the medication will be collected and locked up by the Camp Director when not being administered. All medications should be in a bubble pack – pharmacy can do this for no cost:

Medications to be accompanied with Participant:

Medication	Total # of doses brought to camp	Administration details (specific times that medication should be taken or as needed)	Parents Initial

We the under signed being the parent/guardian of the participant listed above do give permission to the RYPEN staff to give my child/ward non-prescribed medication **being stated as** Benadryl, Ibuprofen or Acetaminophen if I cannot be contacted when the situation arises.

Camp will provide these non-prescribed medications therefore please **do not** send the following medications;

B= Benadryl IB= Ibuprofen AC= Acetaminophen **(please check all allowed)**

B _____ IB _____ AC _____

Parent/ Guardian Signature

We the under signed being the parent/guardian of the Participant listed above do give permission to the RYPEN staff to administer an Epi-pen to my child if I cannot be contacted immediately when the situation arises. I am providing the Epi-pen for my child to take to camp, and understand that my child should know how to utilize an Epi-pen as well.

I would like my child to carry the Epi-pen _____ Parents Initials

I would like my child's counselor to carry the Epi-pen _____ Parents Initials

(As the counselor won't always be directly beside the youth, this could mean the Epi-pen is a few minutes away)

Parent/ Guardian Signature

For Office Use Only

Medication reviewed and received by (please sign): _____

Medication returned to Youth (please sign): _____

Eagle's Nest Ranch RELEASE AND WAIVER Form (to be sent with registration form)

RE: USE OF EAGLES NEST RANCH FACILITIES & ACTIVITIES

I desire access for my child to the Ranch property at the following dates and times for the following purposes:

Dates and Times: September 15-18, 2011

Purpose: Rotary Rypen Camp

I confirm that I am aware that, while on the Ranch property, my child may be exposed to risk of property damage or loss, including theft, and risk of bodily injury, including death and I hereby voluntarily accept such risk for my child.

In consideration of the Ranch permitting my child _____

to have access to the Ranch property, I hereby:

- (a) Waive any and all claims and rights, including causes of legal action, which I or my estate or legal representatives or any of them may have or hereafter acquire against the Ranch, its directors, officers, board members, employees, or volunteers, as a result of or arising out of property damage or loss, including theft, and/or bodily injury to my child, including death arising therefrom, whether or not such property damage or loss and/or bodily injury or death is caused or contributed to by the negligence of the Ranch or of any person for whom the Ranch is responsible in law; and

- (b) Agree to indemnify and save harmless the Ranch, its directors, officers, board members, employees, and volunteers from and against any and all liability to any other person which may be imposed as a result of or by reason of any such property damage or loss and/or bodily injury or death occurring during the time that my child is upon the Ranch property.

I acknowledge that I have read this Release and Waiver and fully understand its contents.

Dated this ____ day of _____, 2011.

Parent/Guardian Signature

Printed Name of Parent/Guardian

Rotary District 5360 Release and Waiver Form (to be sent with registration form)

I, _____, parent/guardian of the said child

_____, of Alberta/Saskatchewan,

do hereby acknowledge and give permission on behalf of myself and the said child to participate in the following conference hosted by the Rotary District 5360.

The Rotary Youth Program of Enrichment (RYPEN) Camp

September 15 – 18, 2011 at Eagle’s Nest Ranch

Possible hazards which can be reasonably anticipated include weather conditions, natural physical hazards associated with a wilderness setting, resident wildlife, and hazards associated with participation in an outdoor/indoor recreational activity or session.

I, _____, parent/guardian of the said child _____

do hereby release the Rotary District 5360, its agents, employees and their heirs, executors, administrators, successors and assigns from all manner of action, causes of action, claims and demands, either I or the said child ever had, now have or hereafter can, shall or may have for or by reason of any cause, matter or thing arising from the participation in the above activity/event. I also give permission for the use of pictures, photographs or videotape of the said child, to be used for publicity or promotional purposes. I also recognize that representatives of Rotary District 5360 may restrict or dismiss the said child from further participation if the child’s behaviour has been deemed inappropriate or threatens the comfort and safety of themselves or fellow participants.

This waiver of rights is binding upon me, the said child, and our heirs, executors, and administrators. I fully understand this waiver/release of rights, and its importance and significance.

I also give permission for my child to be given the following, if necessary:

Tylenol yes___ no ___ Ibuprofen yes ___ no ___ Cough Syrup yes___ no ___

IN WITNESS WHEREOF I have hereunto set my hand and seal this _____ day of _____, A.D. 2011.

Signature of Parent/Guardian

Signature of Witness

RYPEN PARTICIPANT INFORMATION (parent/guardian to keep)

Contact Information

The following personnel can be contacted concerning RYPEN administrative matters:

Herky Cutler 403 627-5044 (W) 403-432-0360 (C) herkycutler@gmail.com

During camp, RYPEN staff and participants can be contacted at Eagle's Nest Ranch at (403) 893-2184

Transportation

It is the responsibility of sponsoring Rotary clubs to arrange transportation for their participants to and from the Medicine Hat Lodge. Transportation from the Lodge to Eagle's Nest Ranch and back will be arranged for by RYPEN Staff.

RYPEN participants must arrive at the Medicine Hat Lodge by 3 PM, on September 15, 2011. If requested, individuals arriving by commercial means will be met at the bus station or airport as the case may be. Participants will be returned to the Medicine Hat Lodge or connecting transportation by noon on September 18, 2011.

Accommodation

Sleeping accommodations will be provided in heated cabins for RYPEN participants and staff members. No bedding is available at Eagle's Nest. All participants and staff will be required to bring a sleeping bag and pillow. Mattresses will be provided.

Dining

A complete dining facility is provided and there will be a tuck shop open daily during afternoon leisure time. Candy, chocolate bars, chips, ice cream and pop are available at the tuck shop in addition to some smaller gift-type items. Any dietary restrictions **MUST** be included on the student registration form.

Shower Facilities

Complete, modern toilet facilities including showers are provided. Participants and staff will be required to bring their own toiletry items.

Kit

The activities program is varied and busy. Events will be held outdoors as well as indoors. In light of the cool temperatures in the evenings expected mid-September, warm outdoor clothing is required. Sturdy footwear is also required. The Ranch has a hot tub and swimming pool for our use - a bathing suit is required.

Medications

As a safety precaution, participants will be required to turn all medications over to the camp nurse upon arrival. This includes drugs such as aspirin, Tylenol, and the like. They will be provided as required to their owners. Any special instructions as to medications **MUST** be included in the student registration form. Please provide a medical bag with the appropriate labels.

Electronics

The nature of the RYPEN program is such that these devices are discouraged. Personal listening devices are only permitted to be used during leisure time. There is no cell phone reception at Eagle's Nest!

Valuables

There is no locker space at Eagle's Nest. Personal affects will be maintained in the suitcase/duffel bags brought to the Ranch. Consequently, locks are suggested. On request, valuables such as money, return transportation tickets, and the like may be left with the staff members for safekeeping.

Additional Information about RYPEN

Feel free to check out this youtube video at <http://www.youtube.com/watch?v=tmcTYV0Vlek> or this website <http://rotaryyouth.org/>

What to Bring!!!

- Positive Attitude!!!
- At least 2 complete changes of clothing
- Sleeping bag
- Pillow
- Rain gear
- Flashlight
- Warm outer wear
- Camera (optional)
- Swim suit
- Gloves and hat/toque
- Extra pair of footwear
- Personals (toothbrush, towel, deodorant, etc.)
- Musical instrument or some other "thing" for the Talent Show!